

Adult Health History Form Please print clearly and fill in completely

| Print Name Email | |
|--|------------------|
| Street Address Phone | |
| City State Zip Date of Birth | |
| Do you have insurance that you believe may cover part of your chiropractic care? Please Check ✓ Yes □ No □ Name or type of insurance: | |
| Health History Give reason for seeking chiropractic care: | |
| Additional details about this issue: | |
| Describe any other health problems, including how long you've had them: | |
| Are you under the care of any other doctor? Yes No If Yes, explain conditions being treated | d for: |
| List any current Medications: | |
| List any past surgeries & dates: | |
| List any past accidents & dates: | |
| List any x-rays you've had in the past 2 years: | |
| Personal & Family History | |
| Your Occupation Work Duties | |
| Spouse's health status | |
| Children's ages and health status: | |
| Chiropractic History Have you ever been to a Chiropractor before? Yes No If yes, Doctor's Name | |
| Date of last chiropractic visit Reason for care | |
| Date of last chiropractic x-rays How long were you under care? | |
| Are other family members under chiropractic care? - Yes No If yes why? | |
| Rate Your Overall Health Our goal is to help you achieve and maintain optimal health. To better help you with this we need understand how you view your overall health. Place an ✓ where you consider your current level or 10% 20% 30% 40% 50% 60% 70% 80%90% | of health to be. |
| Referrals Our clinic is primarily referral based. We would like to know who we can thank for sending you to us. Please let us know who referred you, or where you heard about our clinic? | |

FEMALES Please Check One ✓ Is there a possibility of you being pregnant? Yes 🛛 No 🗖

Please Fill in Below

If you currently or recently have suffered from

| the following, <i>please check if YES</i> | | |
|---|-----------------------------|------------------------------|
| Condition, Symptom Or Problem | Constantly or Frequently | Sometimes or Occasionally |
| Headache | | |
| Migraines | | |
| Neck Pain | | |
| Shoulder Pain | | |
| Arm/Hand Pain | | |
| Mid Back Pain | | |
| Low Back Pain | | |
| Hip Pain | | |
| Leg / Foot Pain | | |
| Disc Problems | | |
| Arthritis | | |
| Joint Pain / Swelling | | |
| Numbness | | |
| Frequent Colds | | |
| Dizziness | | |
| Nausea | | |
| Weakness | | |
| Fatigue | | |
| Anxiety / Depression | | |
| Sleep Disorders | | |
| Heart Problems | | |
| High Blood Pressure | | |
| Nose Bleeds | | |
| Ringing in Ears | | |
| Earaches | | |
| Hearing Loss | | |
| Cough | | |
| Chest pains | | |
| Asthma | | |
| Allergies | | |
| Female Issues | | |
| Cancer | | |
| Hypoglycemia | | |
| Diabetes | | |
| Osteoporosis | | |
| Digestive Problem | | |
| Urinary Problems | | |
| Skin conditions | | |
| Other: | | |
| Write in: | _ | _ |



Please fill in below any additional health information you feel we may need for your care.

Your Signature Below Please

Date: